

*Little people,
big
emotions.*



Understanding Life.



...“Hard to believe how many
emotions
you arouse in me.”...

Our aspiration: understanding life – and making it easier for you.

And here I am! Children burst into our life like a brightly coloured bag of confetti. They spread feelings of happiness everywhere, turn the whole world on its head and present parents with lots of new questions. And we at NUK are intensively involved with these, trying to find answers that help make daily life easier and aid children's healthy development right from the start.

Since 1956, we have been working closely with midwives, doctors, scientists – and of course parents – to develop our products together with them. The best ideas for these are supplied by nature herself: for example, she gives us the shape for our soothers and teats, which are taken from the shape of the nipple while a mother breastfeeds and are, therefore, particularly natural and suited to the jaw. Like all our products, they meet the highest quality demands and are mostly produced in Germany. In what is now over 110 countries, parents opt for NUK Products daily. And even hospitals trust in our years of experience – with our MedicPro products for very small infants and preterms, we are in 95% of German clinics.

And because children grow up so fast, our products grow with them too. So you can be sure of doing the right thing for your child at every development phase. Right from the start.



By the way: there is more to this brochure than meets the eye. On some pages you will find a QR code. Using the right app (e.g. QR Droid™ for Android or QR Code Scanner for iOS) simply scan the QR code to see exciting extra information on that page's topic.



...“I feel *happy*
when everything is
as if it were made for you.”...”

The NUK Shape:
a shape as only nature can make.

Welcome to life! For the past months you have been looking forward to this moment – and now it feels so different from what you expected. More wonderful. More unique. But also quite challenging. As just as everything is new for the little one, parents don't have all the answers ready to hand either.

And this can already start with the soothers! “Does my baby need a soother at all?” Babies have a natural sucking reflex which ensures they are able to feed and which also calms them. But, for a lot of babies, breastfeeding is not enough to calm them – then you can revert to a soother. “But which one? A symmetrical soother that looks the same at the top and bottom? Or the asymmetrical NUK Shape?” As early as 1956, orthodontic practitioners discovered that a mother's nipple changes its shape in the baby's mouth during breastfeeding as she breastfeeds: it adapts with the sucking movement. This natural activity was the starting point for the shape of the NUK Soother. It most closely resembles a mother's nipple as she breastfeeds, encourages the interplay between the jaw, palate, tongue, lips and teeth, while promoting the healthy overall development of the child.



A mother's nipple adapts to her baby's mouth when breastfeeding. Every NUK Soother is modelled on this. Its shape most closely resembles a mother's nipple as she breastfeeds. The underside gives your baby's tongue plenty of room for the natural sucking movements while the top adapts to a domed shape to fit the roof of your baby's mouth.



Breastfeeding exercises a baby's tongue and lips and prepares for chewing and talking later. But what happens when a mother's breast needs a little break. That is when a NUK Soother with its typical teat shape that suits the jaw can help



...“I get my **strength**
from your tranquillity.”...

**Naturally calming:
NUK Genius Soother.**

There is hardly anything more beautiful to see than a relaxed, happy baby. And when everything is peaceful, mothers can relax again too. A soother can be a great help here – for the little ones use their natural, instinctive sucking reflex, which calms and relaxes them. Enjoying a soother in their mouth ideally means having a peaceful child. And a NUK Soother with its natural teat shape can help reduce the risk of crooked teeth in the process.

The NUK Genius has such a shape – just like a mother’s nipple as she breastfeeds and therefore particularly natural and suited to the shape of the jaw. It doesn’t matter if you go for the honey-yellow, natural material, latex, which is very bite and tear resistant, or for transparent silicone which can handle temperature swing and is very durable. Both are extra soft and flexible and, thanks to the special NUK Genius Shape, adapt to nestle against the roof of your baby’s mouth. At the same time, the flattened baglet gives the tongue enough space to move. This altogether leads to the NUK Genius having as natural a calming effect as possible. For what we want is the natural and healthy development of your baby. And that you are relieved too.



Genius



Genius Color



...“If you lose your
patience
I can find it again
for you.”...”

**Unique product design with calming effect:
*the NUK Freestyle Soother.***

Soothers live up to their name. Nothing calms down babies as quickly as a trusted friend: the soother. It helps to meet their innate need to suck and promotes the healthy development of the jaw at the same time. The NUK Freestyle has – just like all NUK Soothers – the typical asymmetrical NUK Shape. It was developed by dental practitioners and resembles a mother’s breast during breastfeeding. Shaped correctly for the jaw, it leaves the tongue enough room for natural sucking movements. The NUK Air System also ensures that air can always escape from the baglet. This way the soother not only reduces the risk of tooth misalignment, it also stays pleasantly soft and flat in a baby’s mouth. Thanks to large ventilation holes and a small surface area, the NUK Freestyle is especially gentle to delicate baby skin. The heart-shaped mouth shield gives the best fit to a child’s face. And they are also nice to look at: the bright colours and the lovely motifs make mothers quickly smile again too.



reddot design award
winner 2013



Freestyle Silicone



Freestyle Latex

...“Real
Courage is when
you clench your teeth,
even if you don't have any.”...

From toothless laughter to the first milk teeth: with NUK Oral Care Products.

Soon it will be time to bear your teeth! But when does teething really begin and how do you know that it's starting? Drooling, red cheeks, slightly raised temperature and frequent whingeing are the typical signs that occur around six months. The the first teeth can be very painful for babies. And only one thing helps: chewing on everything! NUK Teething Rings massage the gums and ease the pressing and itching in your baby's mouth. And the NUK Cool Teething Ring is even nicer if it has been in the fridge before. The NUK Cooling Stick is just the job for comforting babies, while its shape even makes a casual introduction to the next stage: looking after and cleaning your teeth.

When the first little teeth can be seen, the NUK Cleaning Trainer comes into use: it gently massages and helps teething; the NUK Brushing Trainer cleans the tips of the first teeth and introduces teeth cleaning in a playful way. A protective ring prevents it being put too far into the throat.

And once the little teeth are finally there, then it's time to clean them like the grown-ups do! The soft bristles of the NUK Starter Toothbrush protect the gums and won't do any harm if there are any slip-ups. Parents should do another thorough follow-up of course. For only with well-looked after teeth can you really get your teeth into things.



Connect-and-Play
Teething Ring Set



Cooling Stick and
Training Toothbrush Set



Starter
Toothbrush



...“It’s
reassuring
to know I can give
you enough.”...”

**So that it works from the start:
NUK Breastfeeding Products.**

Nature has provided mothers with a baby’s most valuable need in the first months of life: breast milk. It is the perfect composition of nutrients and antibodies. And the closeness of breastfeeding also brings out feelings of being safe and secure, which are so important for mother and child bonding.

However every mother finds herself in situations where she cannot breastfeed: a doctor’s appointment, an invitation – there are plenty of reasons. And an ideal solution: a breast pump. The electric breast pump, NUK Luna, for example. It expresses the milk in a clever 2-step rhythm that copies a baby’s sucking movement. The milk flow is optimal, while the soft silicone cushion fits the breast perfectly and massages it gently. This means that there is precious milk for your little darling right around the clock! Particularly practical and hygienic in a baby’s daily routine: the NUK Breast Milk Container. Not only for use with the breast pump, you can store it straight in the fridge or freezer compartment – and you can use it for feeding with a NUK First Choice+ Teat without any refilling.

Along with various breast pumps, NUK also offers you other helpful breastfeeding products which help in the day-to-day routine: for example, different types of breast pads, which all reliably absorb breast milk and protect your clothes. Or NUK Nipple Shields in silicone: they protect sensitive, irritated nipples and, due to their unique shape, still keep skin contact while breastfeeding.



*Ultra Dry
Comfort Breast Pads*



Nipple Shields



*Luna
Electric Breast Pump*



...“Smacking your lips
makes me
contented too.”...”

Tracking down nature: *NUK First Choice⁺ Teat.*

Without a doubt, breastfeeding is the best for your child. But if it does not work out, luckily there is an alternative: all NUK First Choice⁺ Teats are modelled on a mother's nipple during breastfeeding. The origin of its special shape is because we found out that the nipple adapts to the child's mouth. They are therefore particularly well accepted by babies who are both bottle and breastfed – and that is even clinically proven.*

And what's more, the hole is made deliberately small so as to make drinking from a bottle even more like at a mother's breast – no matter what the little one is drinking. There is a suitable hole for every consistency of food: S for thin liquids, such as breast milk or tea, M for formula and L for thicker food, such as puree. A natural flow is ensured by having the hole in the top of the teat and also a vent, so your baby can drink in a relaxed way, without swallowing air, which helps prevent colic.

NUK First Choice⁺ Teats have an extra supple Soft Zone, so that they adapt even better to your child's palate. The vent and the teat's slightly offset hole ensure a natural flow of liquid – and this leads to relaxed drinking without swallowing air, helping to prevent colic. The result: a full, contented baby – and a contented mother.

*For an optimal combination of bottle and breastfeeding. Moral et al. BMC Paediatrics 2010, 10:6. For further information go to <http://nuk.com/research>

THE NUK SIZE CONCEPT

To optimally suit the natural jaw development of the child. This is a recommendation only – please take into consideration the individual development of your child.



tea/breastmilk



formula



thicker feeds



First Choice⁺ Silicone



First Choice⁺ Latex

...“Glug, glug, glug...
Sometimes
satisfaction
can be so simple.”...

**A great choice for a big gulp:
NUK First Choice+ Bottles and
Open & Close System.**

It is now even easier to give babies enough to eat so they are content: with the NUK Open & Close System. It replaces the standard disc and is simply screwed between the teat and bottle. If the screw top is turned to “close” then it is leakproof for preparing meals and transporting. If it is turned to “open”, the milk can flow again. You’ll soon know which way to turn! The NUK Open & Close System can be used with all NUK Bottles and is very easy to keep clean. The NUK First Choice+ Bottles also sit really well in a mother’s hand and are comfortable for feeding. So, bottles at the ready, steady, go!



*First Choice
Open & Close System*



*First Choice+
PP Bottles*



**Practical aids for cleaning bottles and accessories:
NUK Bottle Cleanser, NUK Twist Bottle Brush and
NUK Vapo Rapid.**

Bottles and teats are constant companions in the daily routine with children – always with you, always in use. It is no wonder then that they have to go through a lot and that is why they should be thoroughly cleaned regularly. Of course, NUK has practical aids for this: the NUK Bottle Cleanser has a special mode of action for cleaning bottles. By using enzymes to break down milk, puree or juice left in bottles etc., any food or cleanser is effortlessly rinsed away completely.

It works even better if you use the flexible NUK Twist Bottle Brush. Thanks to its very flexible brush head it also cleans those parts of the bottle that are difficult to reach. The nylon bristles are so gentle that they do not scratch bottles. And, for teats, there is an extra-small, extra brush in the handle.

You should also sterilise bottles before you use them for the first time and then continue to sterilise them regularly. NUK has a natural solution for this too: the NUK Vapo Rapid Steam Steriliser. It can sterilise up to 6 bottles and accessories in only 8 minutes, and only using steam. The result: reliable cleanliness and a good, confident feeling for you – and pure drinking pleasure for your child.



Bottle Cleanser



Twist Bottle Brush



Vapo Rapid

...“If you like your bottle,
then it’s sheer **joy.**”...

Extraordinary moments call for extraordinary bottles: *NUK Learner Bottles and Cups.*

Growing and discovering new things every day works up a thirst. So that children are quickly able to quench their thirst without your help, there is the NUK Learner Bottle. Its ergonomically shaped handles mean it can be held in both hands and easily brought up to the mouth. Mishaps allowed! The cup is leakproof and can be dropped without any spills. And the stainless steel version also keeps the liquid at an ideal temperature for at least 1.5 hours – whether it's cool or warm!

For older, more active children there are larger cups that hold more – for example the NUK Kiddy Cup: its leak proof spout is so strong that little teeth cannot harm it. The colourful bottles are also transparent, so that mothers know exactly how much has been drunk. Or the NUK Junior Cup with its push-pull spout: it can easily be opened by pulling and closed by pushing. And for the big kids we have the NUK Sports Cup, likewise with the practical push-pull silicone spout – holding 450 ml, even parents may just borrow it for going off to sports.

All NUK Bottles quench great thirsts and are extremely sturdy. And they can be combined together: the tops and cups are interchangeable. And because they should also make the daily routine easier for mothers, after a tumble into the sandpit they are quick and easy to clean and put together again – ready for the next adventure!



Learner Bottle
PP/Stainless Steel

Active Cup

Kiddy Cup

Flexi Cup

Junior Cup

Sports Cup

6 Months +

12 Months +

18 Months +

36 Months +

“Your thirst is just like the world:
overwhelming.”



A system for learning to drink: *NUK Easy Learning Cups.*

Splash! Child wet, kitchen wet. Why is learning to drink so difficult? Quite simply because babies form an “O” with their mouths when bottle or breastfeeding; when drinking from a cup, however, children have to form a “U”. NUK Easy Learning Cups can help children master the transition from “O” to “U”. Of course, especially for mothers, they are all leakproof.

Your child’s first cup? Of course, the NUK Starter Cup: the soft silicone spout feels pleasant to the touch and, with non-slip handles, your child can practise the art of drinking without your help.

And to help develop drinking sip for sip, there is the NUK Trainer Cup: its ergonomically shaped, hard drinking lid gives children a completely new feeling when drinking and helps them practise drinking from the rim of a cup.

The NUK Vario Cup has no handles and when your child has mastered the art of drinking, it can be turned into a real cup quickly and easily.

If you prefer that your child forms a “U” from the very first sip, then there is the NUK Magic Cup. An ingenious system makes sure that nothing spills. Liquid only comes out when your child sucks the drinking rim. What’s great about this is that the little ones can drink all around the cup. Just like the big ones! Well, if that isn’t a reason for a toast. Cheers!

For the experts among the little ones, there is the NUK Fun Cup, which, thanks to its straw, really lives up to its name. And because drinking from a straw is so much fun, we’ve made the cup nice and big too.



Starter Cup

6 Months +



Trainer Cup

8 Months +



Magic Cup



Vario Cup

12 Months +



Fun Cup

18 Months +

...“The easy-going way you tackle new things is just **amazing.**”...



**For the “big” little ones:
NUK Easy Learning System – for learning to eat.**

When big eyes count your every bite, it’s usually time for the first puree. The NUK Feeding Spoon Soft is specially shaped for little children’s mouths and is made from soft silicone. That way the changeover from breast or bottle does not feel so great. Once your child has got used to feeding with this spoon, you can move to the slightly firmer NUK Feeding Spoon.

However, very soon the little ones will want nothing better than to eat as independently as their older role models.

That is when the NUK Easy Learning Eating Bowl comes into its own – thanks to the suction cup on the base, it can’t be immediately thrown enthusiastically from the table and it makes the first attempts at eating without your help just that little bit easier. So that little hands can spoon food out as easily as possible without any mess, the edge of the bowl is extra high.

The NUK Easy Learning Plate and the NUK Easy Learning Cutlery Sets complete the practical range. The plate has an “anti-slip” base so that it can also stand safely on the table. The Mini Cutlery is a plastic spoon and fork with rounded edges and prongs and is the perfect size for little hands and mouths. Once the first independent attempts at eating are successful, at around 18 months you can turn to the NUK Easy Learning Maxi Cutlery Set. Its spoon, knife and fork are of high-quality stainless steel and, thanks to their “anti-slip” plastic, the handles can be gripped well by a child’s hand – and in proud children’s eyes, they almost look like the cutlery of the grown-ups.

And what do you do if they feel a little hungry when you are out and about? A little snack is the answer. Some fruit can quickly give wilting children their strength back. And so that the pieces of fruit are not immediately coated in sand, there is the NUK Snack Box. Children’s hands can easily pass through the slits in the soft lid. And should the box be turned upside down, then the fruit stays where it should.



Feeding Spoons
and Eating Bowl

4 Months +



Mini Cutlery Set
and Eating Bowl

8 Months +



Maxi Cutlery Set
and Plate

12 Months +



Snack Box

““You’ve got a big appetite for life.
I hope you stay so
inquisitive!””



**The gentle way to prepare and store healthy food:
*NUK Masher & Bowl, NUK Baby Menu and
NUK Freezer Tray.***

When breast milk is no longer enough, it is time for the next step: solids. Preferably with as much love and as natural as breastfeeding – home-made. With the NUK Baby Menu Food Processor, it is simple for you to prepare delicious, healthy purees with care. By gently cooking with steam, all the vitamins, nutrients and flavours are retained. With the NUK Baby Menu, not only can you steam, you can also puree, heat and even thaw – it hardly gets more practical than that. Even bring in a little creativity when preparing meals. In the NUK Recipe Booklet, which comes with every NUK Baby Menu Food Processor, you can find lots of tasty recipes suitable for this age group and a nutrition plan for the first year of life.

Every day, that little hunger gets bigger. So that you keep up a steady supply of puree without having to spend a long time in the kitchen, it makes sense to cook more and gently freeze it. The NUK Freezer Tray is made for just such small portions of puree, which can then be removed individually and thawed for the next feeding attempt.

For children who are well-rehearsed with solids, their food no longer needs to be very finely pureed. With the NUK Masher & Bowl, slightly more coarse puree can be conjured up in an instant. Simply gently cook the necessary ingredients until they are soft, put them in the bowl and mash them with the masher – the puree is ready. The NUK Masher & Bowl couldn't be better for when you are out and about either: if your child is eating with you in a restaurant, this is an easy way to turn part of your meal quickly into puree.

Fresh
foods



Masher & Bowl



Baby Menu



Freezer Tray



...“The way to the heart
is through the stomach –
even if you are still so young.”...



...“I enjoy you
enjoying it.”...

Brings baby food quickly and gently up to the right temperature: *NUK Thermo Ultra Rapid.*

Before food can be really enjoyed, you have to be really hungry. And then it cannot take forever. Not a problem with the baby food warmer, the NUK Thermo Ultra Rapid: it brings milk or puree up to the right temperature in record time. And so that no vitamins or precious nutrients are lost, it heats baby food gently with steam.

Once the puree or bottle is warm enough, the device switches itself off automatically – one thing less for mothers to have to think about!

Thanks to its wide opening it is easy to clean as well, while the 12 V adapter that comes with it makes it practical for when you are out and about, letting you use the NUK Thermo Ultra Rapid in the car or camper. Within the shortest time milk or solids are ready for use – and the passenger on the back seat is completely satisfied once again. Have a good trip!



*Thermo Ultra Rapid
Baby Food Warmer*

...“When the water splashes,
you just bubble
with joy!”...

**NUK Care Products for the very small ones:
*Bath Thermometer, NUK Baby Nutri-Protection
Cream, NUK Baby Brush with Comb.***

Into the not too hot, not too cold bath water! When it is bath day for the little ones, then it's all go in the bathroom. Splish, splash – there's no end of fun in the bath! With the practical bath thermometer, it is quick and easy to check if the bath water is at the ideal temperature of 37°C. And without even a second thought, as the thermometer is filled with a natural measuring fluid based on canola oil.

After the bath, it's on with the cream. NUK Care Baby Nutri-Protection Cream has everything that sensitive baby skin needs – and nothing else. Like all NUK Care Baby Products it is completely free from colouring agents, perfumes and parabens. It was tested under the supervision of dermatologists and paediatricians to meet the special needs of delicate baby skin. Thanks to its natural sea minerals and algae extracts, the light cream is like a second skin for both face and body, protecting your baby against the elements. It also has a long-lasting moisturising effect which keeps the skin soft and smooth. For skin like – yes, like a baby's bottom!

And hair care does not miss out either. It is very important that the sensitive scalp is only massaged in a very gentle and careful way. The soft, 100% natural hair bristles and the rounded teeth of the comb are just right to gently “style” fine hair. And what now? All freshly washed, moisturised and combed – ready to go off again!



Bath Thermometer



*NUK Care Baby
Nutri-Protection Cream*



*Baby Brush
with Comb*



...“Sometimes
kissing it better
just isn't enough.”...

**For high temperatures and fevers:
*the NUK Baby Thermometer zini.***

If your baby's temperature rises, it isn't a reason to worry yet. But...you should carefully watch for any changes in your child's condition. NUK developed an infrared thermometer just for this – the NUK Baby Thermometer zini. It lets you take your child's temperature, either in the ear in seconds – the tip is just right for little ears – or by lightly touching the temple which takes 5 to 8 seconds for the result. This is particularly suitable if your child is already asleep, as it is very gentle and will hardly be felt. An LED light at the end tells you immediately whether your child has a temperature or not. A green light gives the all clear but should the LED shine red, only this will help: a lot of tender love and care and if you have any doubts even a trip to the doctor – and our best wishes.

By the way, the NUK Baby Thermometer zini can also measure room temperature as well as the temperature of baby food or even the bath water.



Baby Thermometer zini.





**For a home that is clean and gentle to your baby:
*the NUK Household Range.***

Little children explore their world with their hands and feet – and best of all with their mouths. Toys, surfaces and also clothing should therefore be kept clean, without using too many chemicals. With the NUK Household Range it's child's play – they are safe for babies and are still powerful and thorough in the way they clean.

Above all, it is on baby clothes that tasty meals often remain a lasting memory. The NUK Laundry Detergent with five highly effective enzymes cleans carefully and is at the same time very gentle to a baby's sensitive skin – perfect for the daily wash.

Used together with the powerful NUK Stain Remover, babies' spills no longer stand a chance. The action of the NUK Stain Remover is due to a physical process which it achieves without any aggressive chemicals, leaving everything clean and the skin baby-soft.

The NUK Baby Bottle Cleanser also excels with a special way of working: enzymes breakdown any milk, puree or juice that remain in bottles etc., so that, after simply rinsing them out, neither food nor bottle cleanser residue remains.

So that you need not have any worries that the floors and surfaces around your baby are clean too, there is the NUK Household Cleaner. Its nature-based active ingredients remove dirt and are so gentle that your children could even explore the newly cleaned floor with their mouths.

And for getting things quickly clean there is the NUK Hygiene Spray: simply spray on toys, surfaces or other objects, leave to work for a short time and wipe away with a clean, damp cloth – and all that is left behind is a good feeling. You can also have this same good feeling when you are out and about: whether it is the changing unit in a café, the high-chair in a restaurant or the toy that is tossed out of the buggy – NUK Hygienic Wipes make everything really clean, really quickly.



Laundry Detergent



Stain Remover



Household Cleaner



Hygiene Cleaner
und -wipes

...“No need to worry
about your adventures.”...”

**Good night, sweet dreams, don't be scared:
NUK Baby Monitor Eco Control+ Video and
NUK Portable Night Light.**

Was she crying or just dreaming? A glance at the NUK Baby Monitor Eco Control+ Video gives you the answer: a clear image on the colour screen of the receiver. That is also possible when it's completely dark in your baby's room thanks to the automatic night view function. Every NUK Baby Monitor was developed to fulfill parents' exceptionally high health and safety demands for their baby. Set at Full Eco Mode, they only transmit if your baby makes a noise. If everything remains quiet then the baby monitor is on stand-by and does not transmit. They are then 100% free of high-frequency radiation.

That means your baby can sleep peacefully – and reassured, you can get on with other things. And if you are needed, perhaps a few soothing words over the intercom will be enough. Dream on; I am here for you...

With a bright, little friend, there is no need to be afraid of the dark. The rechargeable NUK Portable Night Light with its cute design will quickly become the little one's favourite "guardian" in the night. There are three settings for adjusting the pleasant light while the soft silicone covering sits comfortably in a child's little hand. And if the fear just cannot be overcome, the faithful companion offers "escort duty" to the children on the way to their parents.



Baby Monitor Control+ Video



Portable Night Light

...“Don't
panic,
we're here.”...





...“New things *excite*
you every day.”...

An experience for little ones' senses: *NUK Toys.*

When children play, it is their very own way of discovering the world. Parents can help their children's development with well thought-through playmates right from the first weeks and months of life. For example, with the three natural rubber toys from NUK. A fox, squirrel and hedgehog bring fun into every home with children – from birth on. They do not present any risks to health and are BPA free. The natural material feels soft and smooth while the shapes are interesting to feel and investigate. The other senses are developed too: every uniquely hand-painted figure awakens children's curiosity and stares back with cute, little button eyes. When squeezed, the animals make gentle squeaking noises, which help the little ones begin to understand cause and effect.

In the design, very great importance was attached to the figures being age-appropriate, with small, light shapes ideal for children's hands to grasp. The cute woodland animals also act as an invitation for adults to let their creativity run free. For example, they can bring variety into the nightly bedtime story. With a little imagination, the likeable characters come to life in the child's room and become their own little playfellows!



Fox



Squirrel



Hedgehog



Everything for you: NUK Stretch Marks Gel, NUK Maternity Underwear, NUK Pelvic Floor Trainer.

Already during the pregnancy, the little ones take the limelight. And once they have arrived, they need our complete attention. So it is no surprise that your own needs sometimes miss out. However, especially during your pregnancy and the first months after the birth, your body does need a lot of care. We have also addressed this challenge and have been developing products for expectant women and mothers for decades. And when everything is fine with the mothers, the little ones are happy too.

For example, the NUK Stretch Marks Gel. Thanks to "Indian pennywort", it helps prevent any feelings of tightness and moisturises the skin. Naturally completely free from fragrances, colouring agents or alcohol, as a mother's skin needs gentle and effective care too.

Together with pregnant women and mothers, we have developed a special range of underwear, which adapts perfectly to your physical changes. Whether it is the pregnancy brief, nursing bustier or nursing bra gently helping to relieve any feelings of strain, with their flexible, "growing" fit, they all give support and the greatest comfort as they have no annoying seams and their velvet-soft, breathable microfibre is particularly kind to the skin, while looking nice too.

After the sometimes almost superhuman exertions of giving birth, it is the pelvic floor muscles in particular that demand attention. With the NUK Pelvic Floor Trainer it is not at all complicated to aid the postnatal process actively. It helps you become more consciously aware of your pelvic floor muscles easily, effectively and discretely. So you can devote more time to the person who still needs a little more attention than you: your baby.



NUK Care Beauty
Stretch Marks Gel



Nursing Bra



Pelvic Floor Trainer



...“I’m doing *fine*, when you’re doing *fine* – and vice versa.”...



A drink for great mothers: *MOM's Daily*.

A sweet, little someone now defines your daily routine – and for your new “round-the-clock job” you want to stay fit and strong and, above all, healthy. Not a problem with MOM's Daily from NUK: especially for great mothers. The open secret? 7 vitamins and 3 minerals in a unique mix. The drink has a delicious, fruity taste of orange and passion fruit and hardly any calories.* 80% of all the mothers who tried MOM's Daily felt fitter afterwards and an impressive 88% would recommend MOM's Daily to other mothers.**

“A few vitamins and minerals are going to give me magic powers?”

Admittedly, that would be promising a little too much. But the clever combination of vitamins C, B6 and B12, biotin and zinc can help to give a boost to your immune system and can help your get-up-and-go. Just what you need as a mother – and even when you are expecting!

But don't just take our word for it – try it out. Grab a MOM's Daily and drink a toast to yourself: to a really great mother!

* Sweetened with steviol glycosides from the stevia plant

** Home-Use-Test NUK MOM's Daily (N = 152), Independent Market Research Institute, April 2014



MOM's Daily

...“You're my 24-hour challenge –
but it still **feels good!**”...

Vitamin B6, B12, C and zinc contribute to the normal function of the immune system. Magnesium, folic acid and vitamin C contribute to a reduction of tiredness and fatigue. Vitamin B6, B12, C and biotin contribute to normal energy-yielding metabolism.

With NUK always a good feeling.

Oral Development



Genius Color & Genius Soother



Classic Happy Kids & Trendline Soother



Freestyle Soother



First Choice+ PP Bottles & Learner Bottle



First Choice+ Glass Bottles



First Choice+ New Classic (PP & Glass)



Teething Ring & Cool Teething Ring Set



Cooling Stick, Training Toothbrush Set & Starter Toothbrush



Tooth & Gum Cleanser



First Choice Stainless Steel Cup



Baby Bottle Cleanser & Twist Bottle Brush



Vapo Rapid

Feeding



Classic Breast Pad & Nipple Shield



Breast Pumps & Breast Milk Container



First Choice+ Teats (Latex & Silicone)

Collections



Rose & Blue



Winnie the Pooh



Mickey Mouse

Toddler Feeding



Starter Cup, Trainer Cup & Vario Cup



Magic Cup & Fun Cup



Active, Kiddy, Flexi, Junior & Sports Cup



Baby Thermometer zini



NUK Care Products



Pelvic Floor Trainer & Maternity Underwear

Foodpreparation & Storage



Tableware & Cutlery



Masher & Bowl & Freezer Tray



Thermo Ultra Rapid

Safety



Eco Smart Control 300



Easy Control 200



Portable Night Light

Nursery & Hygiene



Baby Nail Scissors & Baby Brush with Comb



Bath Thermometer & Digital Bath Thermometer



Child's Potty & Child's Toilet Trainer

Household Cleaning



Laundry Detergent, Stain Remover & Household Cleaner

Toys



Animal Toys

MOM's Daily



MOM'S Daily

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Understanding Life.

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